



Saint Joseph Regional School Our Lady of Mercy Academy



September 26, 2025

Confident in the Truth that all people are made in the image and likeness of God, the mission of Saint Joseph Regional School is to provide an education based upon the Catholic Intellectual Tradition and to instill in students God's greatest commands: to love the Lord your God with all your heart, with all your soul, and with all your mind, and to love your neighbor as yourself.

Dear SJRS families,

I hope that you have all had a wonderful week. We are so grateful for the much needed rain this week! This week, we have started working on i-Ready testing and the students have been working hard.

Today, at Rosary and Adoration, we recognized four students who have exemplified the virtue of "Hope" this month. They were nominated by their teachers and we shared the tangible ways that they have demonstrated this virtue throughout the month. Thank you for being a great example to your classmates and for being a part of our school community.

Next month, we will be focused on the virtue of "Respect" and the students have been challenged to think about how that virtue is demonstrated in their classrooms, schoolwork, and relationships. What does it look like? What does it sound like? We know they can rise to the challenge!

Have a blessed and restful weekend, everyone!

In Christ,

Dr. Annie Pearson
Interim Principal

VIRTUE OF THE MONTH

Hope St. Carlo Acutis

Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit.

"For I know well the plans I have in mind for you...plans for your welfare and not for woe, so as to give you a future of hope."

IMPORTANT DATES

Mon 9/22-Fri 10/10 -- i-Ready testing

Saturday 9/27 -- Golf Tournament at Bretwood
(see below)

Wednesday 10/1 -- All-school Mass -- 9:15am

Thursday 10/2 -- NHDI parent meeting (see below)

Friday 10/3 -- Picture Day (see below)

Saturday 10/4 -- Family Hike (see below)

Sunday 10/5 -- Blessing of the Animals (see below)

Thursday 10/9 -- KidSight vision screenings (see below)

Thursday 10/9 -- Home & School Association meeting -- 6-7pm -- St. Bernard Parish Hall

Monday 10/13 -- Columbus Day -- **NO SCHOOL**

Thursday 10/16 -- Pumpkin Carving - 5:30-7:30pm

Monday 10/20 -- Diocesan professional development -- **NO SCHOOL**

Thursday 10/23 -- 8th Grade visit to OLMA

Tuesday 10/28 -- End of the 1st quarter

PLEASE NOTE: The date of our Christmas

--Jeremiah 29:11

Concert has changed. It will be on Tuesday, December 9 at The Colonial Theatre.

CLICK HERE for the October lunch calendar

Reminder: All orders for the week must be in by 12noon on Sundays.



This morning at our weekly Rosary and Adoration assembly, we recognized students for our Virtue of the Month: Hope. Daniel Colby (Grade 1), Elakkiyan Devidayalan (Grade 3), Jackson Stephens (Grade 6), and Stephan Knowles (Grade 8) were all honored.

PICTURE DAY -- FRIDAY, OCTOBER 3

Geskus will be here next Friday, October 3, to take individual school photos throughout the morning as well as sibling group photos. All students have brought flyers home. Information is also included down below in this newsletter. All students may be out of uniform, but must be **dressed up**. No jeans or overalls. No graphic t-shirts.

IMMUNIZATION RECORDS NEEDED

All families must submit the most recent immunization records for their children or a religious exemption form. **The deadline to submit the records is Friday, October 10.** Records may be emailed to Lisa Muchmore in the Main Office (lmuchmore@stjosephkeene.org) or hard copies may be dropped off in the office. If you have any questions, please reach out to Mrs. Muchmore.

UNIFORM REMINDER

We are seeing a variety of sweatshirts in various styles and colors being worn during the school day. A quick reminder from our policy:

On PE days, navy blue crewneck sweatshirts with or without the SJRS logo are permitted.

For the 2025-2026 school year, any prior plain navy blue sweatshirt (1/4 zip) that has the authentic SJRS embroidered logo will be allowed.

Other school related items or "swag" (Leadership Council, sports, etc.) may be worn on dress down days, but are **not** considered part of the school uniform. No hooded sweatshirts.

LOST JACKET

A Middle School student is missing a bright blue Patagonia jacket. It was worn last week, but it did not come home and it has not been located. If this was taken home by someone by mistake, please return it to Kate in the Main Office. Thank you!



Congratulations to the **French Club officers** for the 2025-2026 school year!

President: Lilith Stephens (Grade 8)
Vice President: Nola Raynor (Grade 8)
Treasurer: Acacia Stoutzenberger (Grade 6)
Secretary: Eli Lavigne (Grade 6)

Events Coordinators: Josie Vander Hooven (Grade 7), Shayla Swett (Grade 6), Rocco LaQuerre (Grade 6), Maggie Newell (Grade 8).

French Newspaper Coordinators: Lizzie Johnson (Grade 6), Jackson Stephens (Grade 6), Dee Saunders (Grade 6), Rosie Jobbins (Grade 6).

I-READY TESTING REMINDER

Students in grades 1-8 are currently in the process of completing i-Ready standardized testing. **Please be sure that all Middle School students bring their Chromebooks/laptops to school fully charged and ready for testing.** Thank you!

NHDI UPDATE

On **October 2 at 5:30pm in the SJRS cafeteria**, there will be a short informational meeting for the parents of the children who want to participate in the NHDI Year-Long Program.

While some of you may have already registered your children, we still encourage you to attend. NHDI Coordinator for SJRS, Andrea Wright, will briefly give more information about the program, registration guidance, fundraising options, critical dates and the expectations for all participants. She will also answer questions you may have at this time. We ask that only parents to attend.



To register your child for the 2025-2026 NHDI Year-Long Program go to: <https://www.nhdi.org/year-long-program>

Mastering Reading: Grades 3-5



After School Group Reading Class-
Learn decoding strategies, syllable division,
prefixes/suffixes, root words, and more!



Tuesdays 3:30-4:25 pm
October 7th November 4th
October 21st November 18th
October 28th November 25th

\$240 for 6 classes

Contact: Sarah Woodson-603.686.6064-woodsonacorns@gmail.com

HEALTHY INITIATIVES WITH MRS. HART

Mrs. Hart has planned a **SJRS/OLMA Family Hike!** All families are invited to attend. This is a **FAMILY** hike; families must hike along with their children.

Please plan appropriately with proper shoes, a water bottle, and a snack to enjoy at the summit. All families meet in the parking area at the trailhead.

Mt. Caesar, Swanzey, NH
Saturday, October 4th -- 10:00 AM

Our Family Hike honors St. Francis of Assisi on his feast day for his love of nature and animals, and to enjoy an awesome hike with a beautiful view. Also, to build our school community, enjoy local hiking, and have fun getting fit!

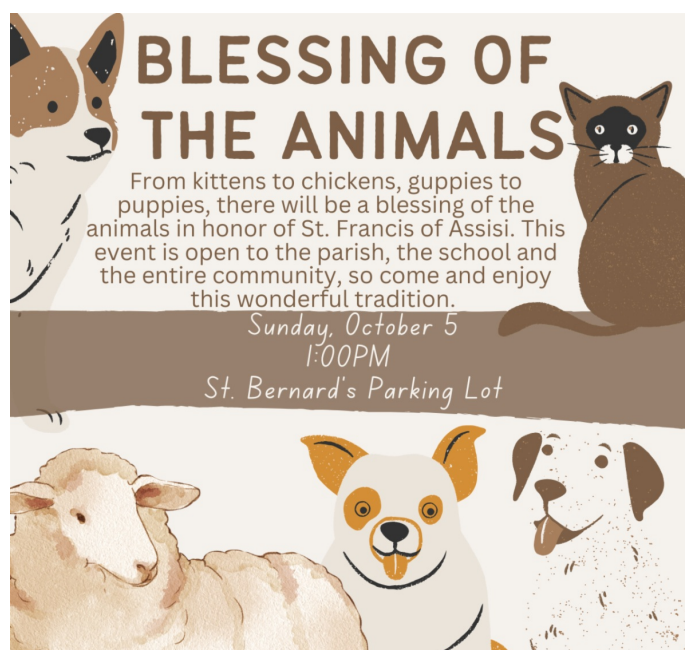
Please **CLICK HERE** for specific details about the hike, address, and parking.

BACK-TO-SCHOOL CHALLENGE

Please **CLICK HERE** for the **September Back-to-School Challenge from Mrs. Hart!** It is an AMRAP challenge -- "as many rounds as possible" of the given exercises.



A few weeks ago, Fr. Alan welcomed the
Preschool and Kindergarten classes to St.
Bernard's Church to explain the different
objects used at Mass. Ringing the bells was the
highlight of the visit!



BUILDING OUR COMMUNITY

Parents, we've heard you and we welcome you! As we build our community, we are seeking those with a generous volunteer spirit. We are grateful for all those who have already stepped up to help out! We have many opportunities for parents (or grandparents!) to get involved throughout the year. Below are some areas where we really need your help.

Hot lunch assistance -- We are need of assistance to help serve lunches on Fridays (pizza). If you are able to help, please contact Kate as soon as possible (kate@stjosephkeene.org).

Library -- A few hours a week throughout the school year. Could you help out maybe one day per week for a few hours as the elementary classes visit our library?

After-school activities/sports

Destination Imagination

Chess Club coordinators (spring)

Please email Dr. Pearson (apearson@stjosephkeene.org) if you are able to lend a helping hand!

Elementary school families are welcome to participate in the Family Faith program at Parish of the Holy Spirit. This home-based program is a requirement for children wishing to receive the sacraments of First Reconciliation, First Communion, and Confirmation. Typically this means participation from grades 1-3, but also includes older children depending on the situation.

The Parish also offers Catechesis of the Good Shepherd (CGS), based on the child development principles of Maria Montessori, for children ages 3-6 (Level I) and 6-9 (Level II). The CGS website cgsusa.org has videos and other helpful content regarding the philosophy.

Please see the parish website swnhcatholics.com for more information and registration. If you have questions, please contact Carol Spindler at faithformationswnh@gmail.com.

KIDSIGHT VISION SCREENING -- OCTOBER 9TH

KidSight is a FREE vision health-screening program carried out in local schools and day-care centers. Keene Lions Club volunteers provide equipment and technical assistance as needed. The effectiveness of this program is recognized by local eye doctors and by members of the Dartmouth Health/Cheshire Medical Center Pediatrics Department.



Students in Preschool, Kindergarten, Grade 1, Grade 3, and Grade 7 will be screened.

If you have a concern about your student who is in another grade, you may have them screened as well. Just let Lisa Muchmore in the Main Office know (lmuchmore@stjosephkeene.org) and be sure to complete the consent form.

[CLICK HERE for the KidSight Information and Consent Form](#)

Consent forms must be completed for students to get the vision screening!

50/50 RAFFLE UPDATE

All of the 50/50 raffle tickets have been distributed at this time. If you have not received yours, **please be sure to check your child's backpack.**



Once your tickets are sold, you may send the stubs/money back into school at any time. They can be given to your student's homeroom teacher or directly to the Main Office.

If you have any questions or would like additional tickets, please contact Jen Marshall (jmarshall@stjosephkeene.org).



Our annual GOLF TOURNAMENT is coming up!

Join us to hit the beautiful fairways of Bretwood Golf Course. Play is Scramble format with great prizes. The field will be limited to the first 100 golfers (25 foursomes) to register, so gather your family, friends, and colleagues! **CLICK HERE for details and to register** .

PICTURE DAY IS HERE!

Ha llegado el día de las fotos!

Saint Joseph Regional School

Your Picture Day is:

Tu día de la foto es:

10-03-25

Your Unique Code is:

Tu código único es:

Y76DXWPV

*Expires 24 hours after picture day.
Caduca 24 horas después del
día de la foto.*

1

Login at geskusprint.com

Iniciar sesión en geskusprint.com

2

Enter your unique code

Introduzca su código único

3

Select your products & checkout

Seleccione sus productos y pague



Our newsletter archive can be found on our website [HERE](#).



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