

# Saint Joseph Regional School Our Lady of Mercy Academy

September 9, 2021



Empowering students to grow as informed, inspired, compassionate souls.

Dear SJRS Families,

Throughout the year, we will be having numerous **dress** down days, where we give our students a chance to be out of uniform and wear more casual clothing. For each of the dress down days, we always ask for a small donation of \$1.00 (or more, if you wish) to go towards a specific cause. This week in particular, we wanted to help in some way with the damage from Hurricane Ida. Our dress down day tomorrow (Friday, September 10) will benefit St. Stephen School in New Orleans, Louisiana. The school's gym was severely damaged from the hurricane, losing its roof and destroying the gym floor, in addition to damaging other parts of the school. So we want to do what we can to help our fellow Catholic school a little bit during this time of need. Please note that although it is a dress down day, students should always be in attire that is appropriate for school. No ripped jeans and no flipflops. T-shirt graphics should be school appropriate.

I look forward to seeing everyone out tomorrow evening for our annual back to school picnic!

May Your Spirit Be Lifted,



Christopher Smith Principal



Tomorrow, Friday, September 10, will be a dress down day. We ask that everyone donate \$1.00. We will be donating all funds to St. Stephen School in New Orleans.

## James 1:17

Every good gift and every perfect present comes from heaven; it comes down from God, the Creator of the heavenly lights, who does not change or cause darkness by turning.

## **IMPORTANT DATES**

Friday 9/10 - School Mass (Grades 1-8) - 9:30am

Friday 9/10 – **DRESS DOWN DAY** – \$1.00 donation to St. Stephen School in New Orleans

Friday 9/10 – Back to School Picnic (5:30-7:30pm)

Tuesday 9/14 - Middle School Back to School Night

Wednesday 9/15 - Elementary School Back to School Night

Thursday 10/7 - Picture Day

Monday 10/11 – Columbus Day NO SCHOOL

Friday 10/15 - Golf Tournament at Bretwood

Wednesday 10/20 - Fall Carnival

Friday 11/19 – Picture re-take Day



Our Back to School Picnic is tomorrow (Friday) September **10, 5:30-7:30** (beginning clean up and put away at 7:00). All families and students are welcome and encouraged to attend! We will be grilling hot dogs and veggie dogs, and we'll have chips, drinks, and all paper products. We are asking that families with the last name beginning with A-L bring a side dish or a salad to share with everyone. Families with the last name beginning with M-Z please bring a dessert item to share. We'll have seating in the field, the adirondack chairs, and under the tree at Mercy. We missed this last year, so we're excited to be able to have it this year. Since we'll be outside, it will be <u>mask optional</u>, unless you need to go into the building. Also, the playground will be open for students to play on, however, please know that we do not have any faculty/staff monitoring them, so parents should consider themselves in charge of their students while they are here.

### **PAST NEWSLETTERS**

If you ever need to reference newsletters from previous weeks, they are all available on the school web sites.

https://www.stjosephkeene.org/news https://www.mercy.academy/news

#### **CHILDCARE NEWS**

Our morning and afternoon Childcare program is in full swing! **Please note the following**:



- 1. Childcare opens at 7:30am each morning and closes promptly at 5:30pm.
- 2. Students going to Childcare in the morning should arrive via the Main Entrance of the school.
- 3. In the morning, elementary students at Childcare go out to the playground at 8:10am. Middle school students go to their homerooms at that time.
- 4. No toys/electronics from home are permitted at Childcare.
- 5. Invoices go out each Friday for the week prior via email and must be paid promptly within two weeks of the invoice date.
- 6. Please email your child(ren)'s teacher(s) about where to send your child after school (rides line, Childcare, or after-school activity/sport).
- 7. Preschool students may be dropped off between 8:10-8:25am at the playground.

### **VOICE/PIANO LESSONS**

Greetings students and families! I have a handful of daytime and after-school spots left in my schedule for the fall semester. If you're interested in voice and/or piano lessons at my 17 Roxbury Street location, please reach out. Currently I am teaching vaccinated students in person, otherwise we'll make music via Zoom. Best wishes for a happy, healthy and successful school year!

Stacie Pirozzi@gmail.com 603-903-3353

#### **EDUCATION FREEDOM ACCOUNTS**

The State of New Hampshire has created an exciting new Education Freedom Accounts (EFA) program to help expand educational opportunities for New Hampshire children. Beginning with the 2021-22 school year, eligible New Hampshire families earning up to 300% of the poverty line can direct part of their child's state education funding to pay for tuition at the school of their choice (including SJRS), tutoring, online learning programs, educational supplies, internet connectivity, and other educational expenses. For all of the details and the application:

https://nh.scholarshipfund.org/apply/nh-education-freedom-accounts/



#### **BACK TO SCHOOL NIGHTS**

Our Back to School nights are coming up next week! These evenings to visit classrooms and meet the faculty will take place next **Tuesday, September 14,** for the Middle School and **Wednesday, September 15,** for the Elementary School. We are looking forward to visiting with everyone!

For the Middle School – Families with last names beginning with **A-L will be 6:00-6:50pm** and **M-Z will be 7:00-7:50pm**. Everyone will be able to visit with each of their child's teachers throughout the time period.

For the Elementary School (Grades 1-4) – Faculty will contact their families directly within the next day regarding when they should come on Wednesday. It will either be 6:00-6:30pm or 6:30-7:00pm.



Mr. Smith headed outdoors this week with his 8<sup>th</sup> grade literature class!

#### **FALL SPORTS**

Our fall sports programs are just getting underway. If your child is interested, they may still join any of the following programs!

### **Elementary School Soccer Skills and Drills**

Start date: Friday 9/10 Coach: Erica Lake

Grades: 1-4

Time: 3:00-4:00pm

Day: Every Friday for approximately 8 weeks

Location: Meeting after school in the gym, then moving to the

SJRS field

Students should bring comfortable clothing to change into (weather appropriate), sneakers, and a water bottle. A small snack is a good idea also. Shin guards would be very helpful, but not required. **EMAIL KATE IF YOU ARE INTERESTED** kate@stjosephkeene.org.

#### Middle School Soccer

Coaches: Keegan Park, Wendy Petschik

Grades: 5-8 Time: 3:00-4:30pm

Day: Every Tuesday and Thursday for approximately 8 weeks Location: Meeting after school in the gym, then walking to

Carpenter Field

Students should bring comfortable clothing (weather appropriate), a water bottle, and shin guards. Cleats are optional. We are hoping to have a few games this fall, but they are TBD at this time. CLICK HERE to sign up.

#### Middle School Cross Country

Coaches: Miranda Tarnowski, Dan Lang

Grades: 5-8 Time: 3:00-4:15pm

Day: Every Tuesday, Wednesday, Thursday for approx 8 weeks Location: Meeting after school in the gym, then outdoors to run Students should bring comfortable clothing (weather appropriate), a water bottle, and sneakers.

We are hoping to attend a few meets this fall, but they are TBD at this time. **EMAIL KATE IF YOU ARE INTERESTED** kate@stjosephkeene.org.



Fun in the sun on the playground with the 1st and 2nd grades!

## Middle School/High School Tennis

Start date: 9/17

Coach: Anna Domyancic Fox

Grades: 5-8 (plus grades 9-11 from Mercy)

Time: 3:00-4:15pm

Day: Mondays and Fridays for approximately 6 weeks

Location: TBD (KSC or KHS)

Students should bring comfortable clothing (weather appropriate), a water bottle, and sneakers. Tennis racquets and balls will be provided. **EMAIL KATE IF YOU ARE INTERESTED** kate@stjosephkeene.org.

# **Mountain Biking Club**

We are starting a mountain biking club for high school students and 8<sup>th</sup> graders. The club will run for 6 weeks, every Thursday starting September 9<sup>th</sup>. We are anticipating



the club to run 2:45-4:45pm. Riders will need to provide their own bike and be able to get it to school on Thursdays. Helmets are also a requirement. The club is being run by Deacon Ken Swymer, Matthew Murray (parent) and Elliott Murray (SJRS alum).

**CLICK HERE** to complete this Google form to indicate your interest and ability level.

# SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

Suicide is the 3<sup>rd</sup> leading cause of death in youth ages 10-24.

# Suicide Risk Factors

Although far from perfect predictors, certain characteristics are associated with



increased odds of having suicidal thoughts. These include:

- Mental illness including depression, conduct disorders, and substance abuse.
- Family stress/dysfunction.
- Environmental risks, including presence of a firearm in the home.
- Situational crises (e.g., traumatic death of a loved one, physical or sexual abuse, family violence).

# What can parents do if they are concerned about their

- Talk to your child's pediatrician.
- Get a referral to a mental health specialist.
- Work with your school.
- Connect with other families.



#### **LUNCHES**

Lunch options have now started. It is important to order in advance via RenWeb and pay by credit card OR send money (cash or check payable to SJRS) in to school. All orders <u>MUST</u> be in <u>by 9:00am</u> at the latest on the day of the lunch you are ordering.



Mondays – cheese pizza (Cheshire Village Pizza) – \$2.25/slice Tuesdays – hot dogs or veggie dogs/chips – \$2.00 Wednesdays – sandwiches/chips (turkey, bologna, ham or veggie from Gomarlo's) – \$4.50

Fridays – cheese pizza (Cheshire Village Pizza) – \$2.25/slice

# RAFFI PODNIESINSKI – OCTOBER SAVES GOALIE CHALLENGE FUNDRAISER

Raffi Podniesinski (grade 6) plays hockey, and is participating once again this year in the October Saves Goalie Challenge fundraiser. His goalie partner's mom was recently diagnosed with cancer, and is being treated at one of the recipients of this year's campaign. Raffi is VERY thankful for all the support in



the past and looks forward to making some saves for St. Joe's families this October. In 2020 Raffi was the #1 fundraiser in North America raising \$22,000, and he said that it was everyone who donated that made that happen! You can make a flat donation or Pledge Per Save (he will make approximately 150 saves). To support Raffi's fundraiser go to: https://octobersaves.org/goalie/athenianaire/

**GO RAFFI!!!** 

## **FOLLOW US!**



@saintjosephregionalschoolkeene @mercyacademykeene



Instagram @stjosephkeene @mercyacademykeene

> The 4<sup>th</sup> grade warming up for Beginning Band with Mr. Thies!

## **RENWEB INSTRUCTIONS**

RenWeb is our online system for grades and attendance as well as to maintain all contact information for our families. It is also the easiest way to order and pay for lunches. It is VERY important that everyone have an account and keep their information updated. It is also the best way to keep track of your student's academic progress throughout the year. For all families (new and existing at both SJRS and OLMA) who need to create RenWeb accounts, please follow the below directions.

- 1. Go to: <a href="https://www.renweb.com">https://www.renweb.com</a>
- 2. Click on Log In in the upper right comer. You'll get a drop down menu.
- 3. Click on Parents Web Login. You'll be taken to a new screen.
- 4. Click on Create New Parents Web Account. You'll be taken to a new screen.
- 5. For District Code, enter: **SJO-NH**
- 6. For email, type in the main email you use for the school. Click create an account.
- 7. An email will be sent to the email address you provided (assuming it matches with the one we have on file) and you can click on the link in the email to create a sign on and password.
- 8. After you have created your new sign on and password, you can go back to the original Parents Web Login screen, use your new credentials, and you're good to go.

Also, RenWeb has a very good app for your smartphone. On it, you can easily check your child's grades or order/pay for lunches. **CLICK HERE for more information on getting the app.** The cost for the app is \$4.99.

All of this might seem a little confusing, but it takes only a few minutes of your time. If you need any assistance, please contact Kate in the office at <a href="mailto:kate@stjosephkeene.org">kate@stjosephkeene.org</a>. We'll get you up and running! THANK YOU!



# **RED WHITE and BLUE MASS**

# 20th Anniversary

September 11, 2021

4:00 PM

**Reception to Follow** 

Saint Bernard's Catholic Church

185 Main Street Keene



Sponsored by the Knights of Columbus Councils 819/5414

Please join us to:

Commemorate the victims of September 11 and

Celebrate our local Heroes, the area's

**First Responders** 













The Knights of Columbus Council 819
St. Joseph Regional School | Our Lady of Mercy Academy
TEE IT UP FOR TECHNOLOGY
GOLF TOURNAMENT
Friday, October 15, 2021

8:30am Registration, Driving Range, Putting Green

Continental Breakfast

Raffle Tickets and Mulligans sales!

10:00am Shotgun Start

**Bretwood Golf Course** 

Box Lunch provided in cart

3:00pm BBQ and Awards

Join us to hit the fairways of Bretwood's North course. Play is Scramble format with great prizes. The field will be limited to the first 96 golfers (24 foursomes) to register, so gather your family, friends, and colleagues!

Special Hole-in-One Contest Prize: Vacation for two to Hawaii, including airfare and 6 nights/7 days at the Fairmont Kea Lani, Maui! Also prizes for men's/women's closest to the pin and top finishing teams.

# \$125/player -- \$500/foursome

Early Bird discount -- \$100/player -- \$400/foursome by registering by Wednesday, September 8!

# DEADLINE TO REGISTER -- OCTOBER 6! Online registration at www.stjosephkeene/golf

# INDIVIDUAL PLAYER/TEAM REGISTRATION

Participants are invited to register as a foursome or as individuals seeking to be assigned to a foursome. Please complete both pages of this form.

Team 1 – Team Name or Business Name:						
Player 1 Name:		Player 3 Name:				
Email:		Email:				
Player 2 Name:		Player 4 Name:				
Email:		Email:				
Team 2 – Team Name or Business Name:						
Team 2 – Team	Name or Business Name:					
Team 2 – Team 1 Player 1 Name:	Name or Business Name:	Player 3 Name:				
	Name or Business Name:	Player 3 Name: Email:				
Player 1 Name:	Name or Business Name:					
Player 1 Name:	Name or Business Name:					

Mail completed form/payment to:

St. Joseph Regional School, ATTN: Golf, 92 Wilson St, Keene, NH 03431

Questions? Jen Marshall: 603/352-2720 x504 or jmarshall@stjosephkeene.org

# TEE IT UP FOR TECHNOLOGY GOLF TOURNAMENT Friday, October 15, 2021 • Bretwood Golf Course • www.stjosephkeene.org/golf

# SPONSOR/INDIVIDUAL PLAYER REGISTRATION

I will play in and/or sponsor the golf tournament as a (please check all that apply):						
Gold Sponsor (SOLD) Complimentary foursome, signage at registration, beverage cart, and BBQ; recognition during awards ceremony, on website and social media	\$1,000	Tee Box Sponsor (18 available) With signage on the tee	\$100			
Silver Sponsor Signage at registration, recognition during awards ceremony, on website and social media	\$750	Tee Box Sponsor with Foursome With signage on the tee (Discount of \$25)	\$575			
Bronze Sponsor (SOLD) Signage on beverage cart, recognition during awards ceremony, on website and social media	\$500	EARLY BIRD Individual Player (on/before Sept 8; discount of \$25)	\$100			
Hole-In-One-Sponsor-(SOLD)	<del>\$250</del>	REGULAR Individual Player (after Sept 8)	\$125			
Driving Range Sponsor	\$250	Putting Green Sponsor (SOLD)	\$250			
Men's Closest to the Pin Sponsor (2 available)	\$200	Women's Closest to the Pin Sponsor (2 available)	\$200			

# SPONSOR/INDIVIDUAL PLAYER PAYMENT

Company Name (as it should appear on signage, if applicable):							
Contact Name:		Mailing Address:					
Phone:		City:					
Email:		State:					
		Zip Code:					
Total Sponsor Fee:	\$ (from above)	Payment Method:	☐ Check (payable to Knights of Columbus #819) ☐ Visa/MasterCard/AMEX				
EARLY BIRD (on/before Sept 8) Individual Player Fee(s):	\$100 each Quantity:	Name on Credit Card:					
REGULAR (after Sept 8) Individual Player Fee(s):	\$125 each Quantity:	Credit Card Number:					
		Expiration Date:					
TOTAL PAYMENT AMOUNT:	\$	CVV/CVC (from back of card):					
		Signature:					

Mail completed form/payment to:

St. Joseph Regional School, ATTN: Golf, 92 Wilson St, Keene, NH 03431

Questions? Jen Marshall: 603/352-2720 x504 or jmarshall@stjosephkeene.org